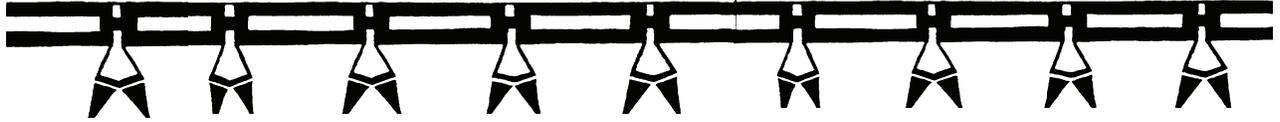


# 10: The Downside of Hooking Up



## What are we going to do today?

Today we will take a look at the different risks of sexual behaviors.

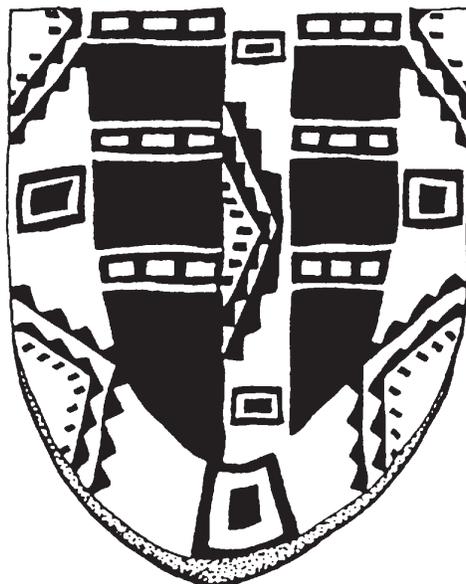
## What am I going to learn today?

By the end of today, you will be able to:

1. Discuss reasons teens give for deciding to have or not have sex.
2. List the benefits of delaying sex.
3. Recognize that abstinence is the only 100% sure way to prevent getting pregnant or getting an STD, including HIV/AIDS.
4. Identify which behaviors are riskier than others for STD, HIV, and pregnancy.
5. Describe the difference between “safe sex” and “safer sex”.
6. Explain that even teens who choose to have sex can reduce their risks.

Each person is his  
own judge.

*Pawnee*



# Say “No” to What??

What is your definition of abstinence?

Circle the behaviors that are compatible with abstinence:

1. Dry kissing (close-mouth)
2. Holding hands
3. Hugging with hands on arms and back
4. Flirting using eye contact
5. French kissing (open-mouth)
6. Vaginal intercourse
7. Hand contact with another person’s genitals
8. Mouth contact with someone’s breast
9. Touching another person’s lower body with clothes on
10. Mouth on another person’s genitals
11. Touching another person’s lower body with clothes on
12. Kissing while pressing your body against another person
13. Touching another person’s lower body without clothes on
14. Anal sex with a condom
15. Lying next to each other with no clothes on



# NOTES

What are three new things you can do today to start lowering your health risks?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

