

6: Goals & Values



What are we going to do today?

Today we will look at the choices you make to see how they match your own personal goals, values, and ideas about yourself.

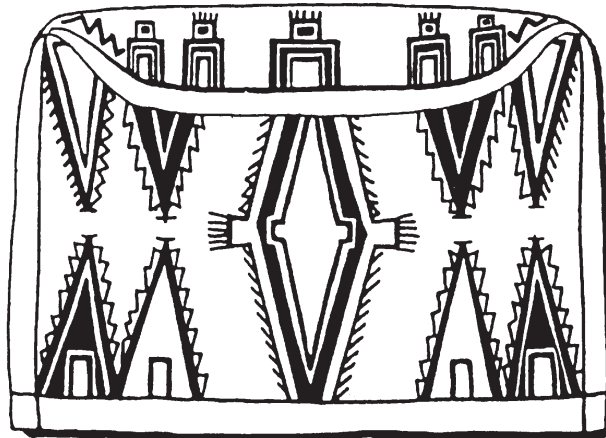
What am I going to learn today?

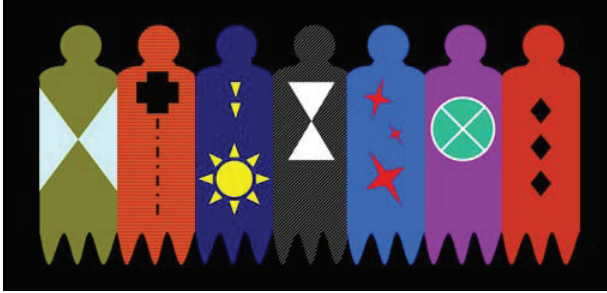
By the end of today, you will be able to:

1. Describe how culture helps to define values within a community or family.
2. Define the term “values” for yourself and your communities.
3. Identify three values you learned from your family.
4. Examine your personal values related to sexual matters.
5. Articulate things that matter to you and why.

In the absence
of the sacred,
nothing is sacred
- everything is for
sale.

*Oren Lyons
Onondaga, 1992*





The Seven Grandfathers

Many Anishinaabe people use seven basic principles to guide how they live. These teachings are known as the Seven Grandfathers.

Wisdom

- To cherish knowledge is to know wisdom
- Wisdom is knowing the difference between good and bad and the result of your actions
- Wisdom is given by the Creator to be used for the good of the people

Love

- To know love is to know peace
- Love is given freely and you cannot put conditions on it or your love is not true
- When people are weak they need love the most
- You must love yourself in order to love another

Respect

- To honor all creation is to have respect
- Respect others' beliefs and your own
- You must give respect if you wish to be respected

Bravery

- To face the foe with integrity
- In the Anishinaabe language, this word literally means "state of having a fearless heart"
- To do what is right even when the consequences are unpleasant or you may get hurt

Honesty

- To achieve honesty within yourself, to recognize who and what you are—do this and you can be honest with all others
- Always be honest in word and action

Humility

- To know yourself as a sacred part of Creation
- You are equal to others, but you are not better
- Humble yourself and recognize that no matter how much you think you know, you know very little of the universe
- To think things through carefully and to know your place

Truth

- To know all of these things
- Speak the truth; do not deceive yourself or others
- Learn truth, live with truth, walk with truth, speak truth



Values Voting

Do NOT put your name on this sheet of paper. Answer as truthfully as you can, but don't spend too much time on any one question. When you are done, wait for further instructions.

SD=strongly disagree, D=disagree, A=agree, SA=strongly agree

- | | | | | |
|---|----|---|---|----|
| 1. Most teenagers should not have sexual intercourse. | SD | D | A | SA |
| 2. It is OK for two people to have sex if they are in love. | SD | D | A | SA |
| 3. Having sex is not a big deal. | SD | D | A | SA |
| 4. People should only have sex if they are married. | SD | D | A | SA |
| 5. It is okay to have oral sex as long as you are not having intercourse. | SD | D | A | SA |
| 6. People in same sex relationships should be treated with respect. | SD | D | A | SA |
| 7. Getting pregnant in high school is not a big deal. | SD | D | A | SA |
| 8. It is smart to wait to have sex until you are an adult. | SD | D | A | SA |
| 9. It is cool to use condoms. | SD | D | A | SA |
| 10. I think that homosexuals are responsible for the AIDS epidemic in the United States. | SD | D | A | SA |
| 11. I think it should be a crime for anyone infected with HIV to have sexual intercourse without telling their partner. | SD | D | A | SA |
| 12. I would be uncomfortable eating food prepared by a person with AIDS. | SD | D | A | SA |
| 13. I think that it is important to educate teens about low-risk alternatives to sexual intercourse, including mutual masturbation. | SD | D | A | SA |
| 14. Believing that condoms are 100 percent effective in preventing HIV infection gives people a false sense of security. | SD | D | A | SA |
| 15. I think that giving injection drug users clean needles is a good way to prevent the spread of HIV. | SD | D | A | SA |

NOTES



What are three values that you think are important for a peer educator to have?

1. _____
2. _____
3. _____

How Does Your Family Feel About . . . ?

1. Getting good grades in school
2. Being male/female
3. Having friends that are not Native American
4. Going out with girls/boys
5. Going out with people who are not Native American
6. Using alcohol and other drugs
7. Making money
8. Making money selling drugs
9. Being respected by others
10. Graduating from high school
11. Having expensive tennis shoes

12. Having sex as a teenager
13. Using condoms or other forms of birth control
14. Getting a job to help your family
15. Going to college after high school
16. Having children
17. Staying out of trouble with the law
18. Helping others in your community
19. Taking part in Tribal ceremonies and traditions
20. Learning your Native language



