

# **10: The Downside of Hooking Up**

Words of Wisdom

Say “No” to What?? Worksheet

Risk Signs

Ordering Information for “STD Facts” Brochure

**Each person is his  
own judge.**

*Pawnee*

# Say “No” to What??

What is your definition of abstinence?

Circle the behaviors that are compatible with abstinence:

1. Dry kissing (close-mouth)
2. Holding hands
3. Hugging with hands on arms and back
4. Flirting using eye contact
5. French kissing (open-mouth)
6. Vaginal intercourse
7. Hand contact with another person’s genitals
8. Mouth contact with someone’s breast
9. Touching another person’s lower body with clothes on
10. Mouth on another person’s genitals
11. Touching another person’s lower body with clothes on
12. Kissing while pressing your body against another person
13. Touching another person’s lower body without clothes on
14. Anal sex with a condom
15. Lying next to each other with no clothes on



**Not Risky**

**Very Risky**

# Ordering Information for “STD Facts” Brochure

Item #153

Available from:  
ETR Associates  
<http://pub.etr.org>  
1-800-321-4407



STD	What to Watch For	How You Get It	If You Don't Get Treated
<b>Chlamydia or NGU</b>	<ul style="list-style-type: none"><li>• Inflammation (swell up) 2-6 weeks after having sex.</li><li>• Discharge from penis and/or from vagina (yellowish-green color).</li><li>• Pain, itching, or burning during sex.</li><li>• Pain or difficulty when urinating.</li><li>• Pain or difficulty when having sex.</li><li>• Pain or difficulty when having sex.</li></ul>	<ul style="list-style-type: none"><li>• Sexual activity without using a condom.</li><li>• Sexual activity without using a condom.</li></ul>	<ul style="list-style-type: none"><li>• You can give chlamydia to your sex partners.</li><li>• Can lead to more serious illness (pelvic inflammatory disease, epididymitis, and more) if not treated.</li><li>• Can cause infertility and may lead to longer life.</li><li>• Can cause complications in pregnant women.</li></ul>
<b>Gonorrhea</b>	<ul style="list-style-type: none"><li>• Inflammation (swell up) 2-14 days after having sex.</li><li>• Discharge from penis and/or from vagina (yellowish-green color).</li><li>• Pain, itching, or burning during sex.</li><li>• Pain or difficulty when urinating.</li><li>• Pain or difficulty when having sex.</li><li>• Pain or difficulty when having sex.</li></ul>	<ul style="list-style-type: none"><li>• Sexual activity without using a condom.</li><li>• Sexual activity without using a condom.</li></ul>	<ul style="list-style-type: none"><li>• You can give gonorrhea to your sex partners.</li><li>• Can lead to more serious illness (pelvic inflammatory disease, epididymitis, and more) if not treated.</li><li>• Can cause infertility and may lead to longer life.</li><li>• Can cause complications in pregnant women.</li></ul>
<b>Hepatitis B</b>	<ul style="list-style-type: none"><li>• Inflammation (swell up) 1-6 months after having sex.</li><li>• Fatigue, loss of appetite, or weight loss.</li><li>• Pain or difficulty when urinating.</li><li>• Pain or difficulty when having sex.</li><li>• Pain or difficulty when having sex.</li></ul>	<ul style="list-style-type: none"><li>• Sexual activity without using a condom.</li><li>• Sexual activity without using a condom.</li></ul>	<ul style="list-style-type: none"><li>• You can give hepatitis B to your sex partners.</li><li>• Can lead to more serious illness (liver disease, kidney disease, and more) if not treated.</li><li>• Can cause infertility and may lead to longer life.</li><li>• Can cause complications in pregnant women.</li></ul>
<b>Herpes</b>	<ul style="list-style-type: none"><li>• Inflammation (swell up) 2-12 days or longer after having sex.</li><li>• Pain, itching, or burning during sex.</li><li>• Pain or difficulty when urinating.</li><li>• Pain or difficulty when having sex.</li><li>• Pain or difficulty when having sex.</li></ul>	<ul style="list-style-type: none"><li>• Sexual activity without using a condom.</li><li>• Sexual activity without using a condom.</li></ul>	<ul style="list-style-type: none"><li>• You can give herpes to your sex partners.</li><li>• Can lead to more serious illness (liver disease, kidney disease, and more) if not treated.</li><li>• Can cause infertility and may lead to longer life.</li><li>• Can cause complications in pregnant women.</li></ul>
<b>HIV/AIDS</b>	<ul style="list-style-type: none"><li>• Inflammation (swell up) 2-4 weeks after having sex.</li><li>• Fatigue, loss of appetite, or weight loss.</li><li>• Pain or difficulty when urinating.</li><li>• Pain or difficulty when having sex.</li><li>• Pain or difficulty when having sex.</li></ul>	<ul style="list-style-type: none"><li>• Sexual activity without using a condom.</li><li>• Sexual activity without using a condom.</li></ul>	<ul style="list-style-type: none"><li>• You can give HIV to your sex partners.</li><li>• Can lead to more serious illness (liver disease, kidney disease, and more) if not treated.</li><li>• Can cause infertility and may lead to longer life.</li><li>• Can cause complications in pregnant women.</li></ul>
<b>HPV/Genital Warts</b>	<ul style="list-style-type: none"><li>• Inflammation (swell up) 2-8 weeks after having sex.</li><li>• Pain, itching, or burning during sex.</li><li>• Pain or difficulty when urinating.</li><li>• Pain or difficulty when having sex.</li><li>• Pain or difficulty when having sex.</li></ul>	<ul style="list-style-type: none"><li>• Sexual activity without using a condom.</li><li>• Sexual activity without using a condom.</li></ul>	<ul style="list-style-type: none"><li>• You can give HPV to your sex partners.</li><li>• Can lead to more serious illness (liver disease, kidney disease, and more) if not treated.</li><li>• Can cause infertility and may lead to longer life.</li><li>• Can cause complications in pregnant women.</li></ul>
<b>Syphilis</b>	<ul style="list-style-type: none"><li>• Inflammation (swell up) 2-4 weeks after having sex.</li><li>• Pain, itching, or burning during sex.</li><li>• Pain or difficulty when urinating.</li><li>• Pain or difficulty when having sex.</li><li>• Pain or difficulty when having sex.</li></ul>	<ul style="list-style-type: none"><li>• Sexual activity without using a condom.</li><li>• Sexual activity without using a condom.</li></ul>	<ul style="list-style-type: none"><li>• You can give syphilis to your sex partners.</li><li>• Can lead to more serious illness (liver disease, kidney disease, and more) if not treated.</li><li>• Can cause infertility and may lead to longer life.</li><li>• Can cause complications in pregnant women.</li></ul>
<b>Trichomoniasis ("Trich") or NGU</b>	<ul style="list-style-type: none"><li>• Inflammation (swell up) 2-11 days after having sex.</li><li>• Discharge from penis and/or from vagina (yellowish-green color).</li><li>• Pain, itching, or burning during sex.</li><li>• Pain or difficulty when urinating.</li><li>• Pain or difficulty when having sex.</li><li>• Pain or difficulty when having sex.</li></ul>	<ul style="list-style-type: none"><li>• Sexual activity without using a condom.</li><li>• Sexual activity without using a condom.</li></ul>	<ul style="list-style-type: none"><li>• You can give trich to your sex partners.</li><li>• Can lead to more serious illness (liver disease, kidney disease, and more) if not treated.</li><li>• Can cause infertility and may lead to longer life.</li><li>• Can cause complications in pregnant women.</li></ul>

## Pricing (as of 2/14/2011):

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100 for \$34.00  
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500 for \$145.00  
1,000 for \$260.00

## Description:

- Gives overview of 8 common STDs, including AIDS, HIV, herpes, HPV, chlamydia, syphilis and gonorrhea
- Tells how each STD is passed
- Explains what to watch for
- Discusses what happens if you don't get treated
- Stresses how to protect yourself
- Covers condom use, STD testing, STD symptoms and more